

*Mont Marte*

# Easy DIY fluid art: Flip cup and puddle pour



**I can create**

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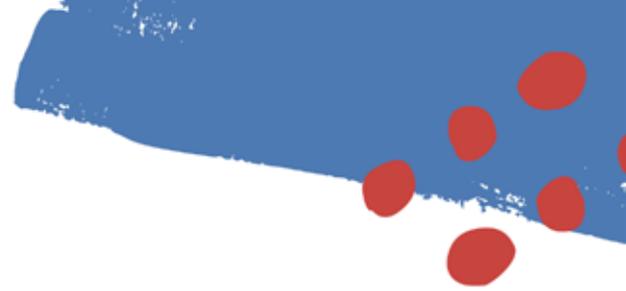
## Materials List

The materials for this lesson can be found at a Gold or above Art Centre.

Go to [www.montmarte.net](http://www.montmarte.net) to find the one nearest to you.

|          |  |
|----------|--|
| CMMD6075 | Mont Marte Double Thick Canvas 60.9 x 76.2cm                 |
| MBST6060 | Mont Marte Premium Painting Board 60.9x60.9cm                |
| PMPP4003 | Mont Marte Pouring Acrylic Paint Set. 'Golden Beach'<br>4pce |
| PMPP0015 | Mont Marte Pouring Acrylic Paint Light Blue 240ml            |
| PMPP0007 | Mont Marte Pouring Acrylic Paint Pink 240ml                  |
| PMPP0002 | Mont Marte Pouring Acrylic Paint Bright Yellow 240ml         |
| PMPP0001 | Mont Marte Pouring Acrylic Paint Titanium White 240ml        |
| PMPP0003 | Mont Marte Pouring Acrylic Paint Coral 240ml                 |
| PMPP0018 | Mont Marte Pouring Acrylic Paint Navy 240ml                  |
| PMPP0009 | Mont Marte Pouring Acrylic Paint Vermillion 240ml            |

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## Flip cup

### 1. Filling the cup

For this first pour we'll be using the flip cup technique. This means that we fill a cup with layers of pouring paint and flip the cup over onto the surface.

For this project we'll be using pouring paints from the Golden Beach 4 piece paint set.

Give each bottle a good shake to amalgamate the paint and then layer the paint into the cup. Fill the cup almost to the brim.

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### 2. Flipping the cup

Hold the cup and lay the painting board so that the face of the painting board sits on the cup. Turn the painting board back over holding the cup onto the board.

Gently lift the cup and slowly tilt the panel from side to side and allow the paint to work its way across the board.

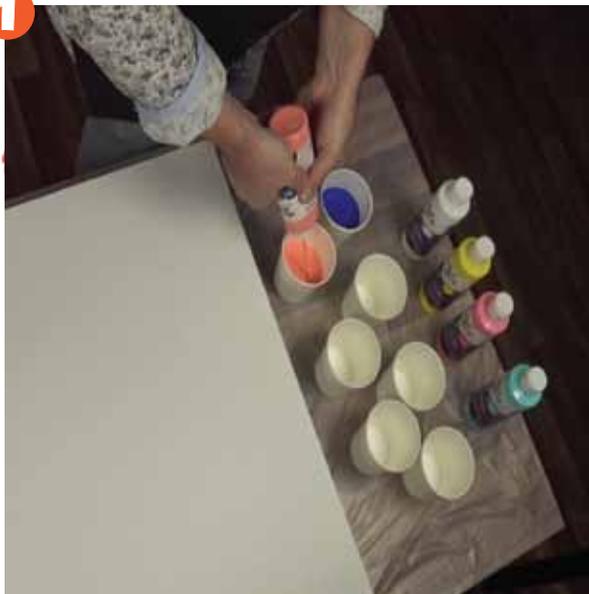
Once the board is fully covered lay it flat and allow it to dry.



It is important to shake the bottles of pouring paint thoroughly to ensure they are well mixed.

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## Puddle pour

### 1. Filling the cups

Fill each cup with the colours below.

Light Blue, Pink, Bright Yellow, Titanium White, Coral, Navy, Dark Purple, Vermillion.

I also created an Orange from Vermillion and Bright Yellow.

2



### 2. Pouring

Pour each colour onto the canvas from the centre outwards. Don't take the paint right to the edge of the canvas. Make each colour touch the one beside it.

Once all of the puddles are poured out gently tilt the canvas so the paint partially blends and covers the entire canvas.

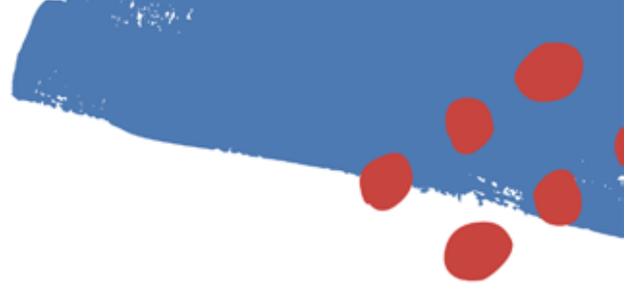
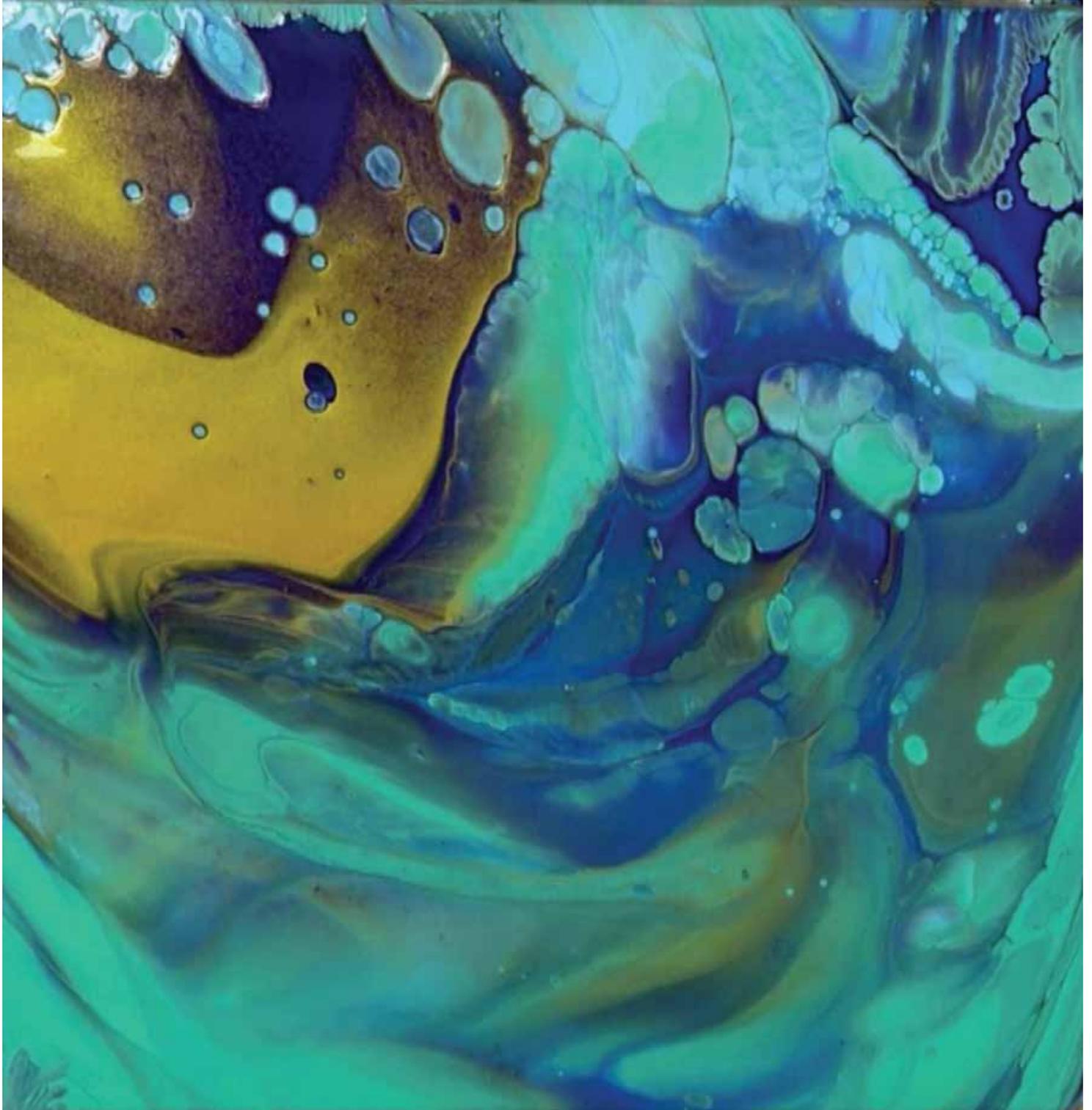
3



### 3. Manipulating the paint

In this step we move the paint around with the end of a paint brush handle. There aren't a lot of rules here as it is fairly intuitive. Use the handle to create fine lines and take colours into each other. You can also pour lines of colour over the existing paint to create interesting effects. Keep tilting the canvas back and forward to spread the paint around.

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